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SUCCESS LTD



## Dementia Training

“Support me to be who I am” Enhancing quality of life through meaningful activities with persons living with dementia. Person-centred assessment and care planning in residential care.

Suitable for: Nursing staff, Activities Staff & Health Care Assistants.

### **1 Day course** **NMBI Category 1 approval 6.5 CEUs**

This course is focussed on maintaining identity and enhancing quality of life for the person living with dementia through the development of meaningful activity care plans focussing on the person's abilities and preferences. It works towards achieving HIQA standards and is in line with the National Dementia Strategy 2014.

Ireland's National Dementia Strategy (2014) “seeks to improve Quality of Life for persons living with dementia.” Activities are identified as a consistent major domain in studies on Quality of Life within residential care and with persons living with dementia (Cahill and Diaz-Ponce 2011).

People themselves who are living with dementia have identified activities as bringing meaning and being very important in their lives (Train et al 2005, Moyle et al 2011, Harmer and Orrell 2008). Health Information and Quality Authority (HIQA 2009) have developed and introduced standards in the area of Quality of life and Activities for

residents (Section 4). This is an expectation of care in this area without the introduction of any training for staff. The National Dementia Strategy also highlighted the need for training of staff working with persons living with dementia in areas around quality of life.

This training day will aim to begin to fill the gap in knowledge and equip staff with the skills they need to improve care in this area.

#### Aims

To educate staff to develop person centred, ability focussed, meaningful activity plan of care for older persons living with or without dementia.  
To focus staff towards improving quality of life for those in their care.

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